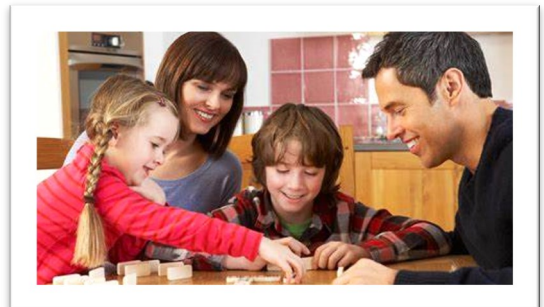


# STRENGTHENING THE PARENT/CHILD RELATIONSHIP THROUGH PLAY

## WORKSHOP

Parenting can feel as though you are navigating through a mine field. There are so many places that offer parenting advice, all of which seems to contradict one another. How are you supposed to navigate all this advice and find the parenting strategies that will be the most effective for you and your child?



Danyelle Lynch M.Sc. is a Registered Provisional Psychologist who has been working therapeutically with children and their families for the past 4 years. Danyelle has taken her understanding of childhood development, attachment theory, theories on temperament and personality, play therapy, and her experience working with children and their families and created a workshop on how to match your parenting style according to your child.

This workshop will help you understand how your child's attachment style, temperament, personality, and play can be considered and integrated into child-specific and fun parenting strategies. You will learn how to ensure, your child feels loved and connected to you, your child's attachment needs are being met, and how to best approach discipline taking into account your child's needs, temperament, and personality.

## STRENGTHENING THE PARENT/CHILD RELATIONSHIP THROUGH PLAY

Thursday, April 25, 2019

6:00pm to 7:30pm

LANDING TRAIL SCHOOL, 5301 37 Ave Gibbons



To register, simply visit our online link <https://goo.gl/forms/G4hU6c3tnLcPljOj2>

For registration information, please contact Jesica Logan, via email [jessica.logan@sturgeon.ab.ca](mailto:jessica.logan@sturgeon.ab.ca) or call 780.939.4341 ext. 1267.

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