



STUDENT REPORTS (CONSISTENT WITH RESEARCH)

- Increased feelings of anxiety and depression
- Increased substance use
- Increased self injurious and suicidal ideation and behaviour
- Increased sleep disturbance
- Increased mental health consultations





**MENTAL
HEALTH
CAPACITY
BUILDING
ENHANCEMENT**

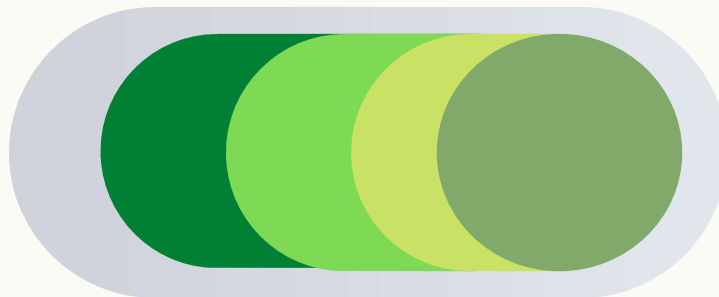
37 Programs **18**

371 Schools **158**

133 Communities **79**

Promotion and Prevention

Client/Patient ✦ Family ✦ Community



**EARLY
INTERVENTION**

COLLABORATION

INTEGRATION

LOCAL ACCESS



Restricted Funding Agreement



Approver



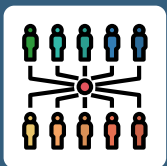
Program Implementation



Community Collaboration



Staffing



Community of Practice



Team Leadership



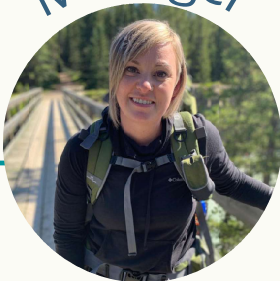
Invoicing



Reporting

REDWATER HYPE HELPING YOUNG PEOPLE EXCEL

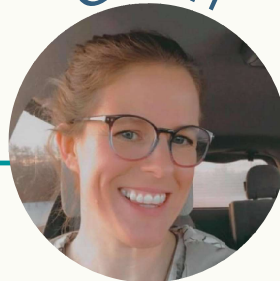
Manager



Coach



Coach



Coach



Universal

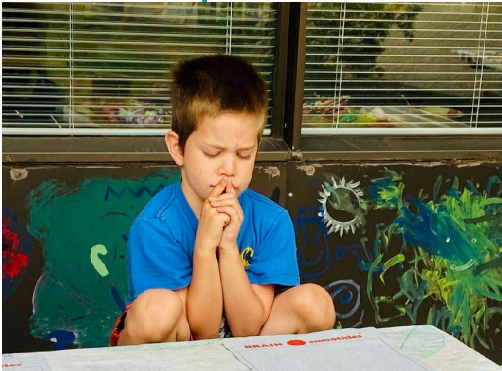


Targeted

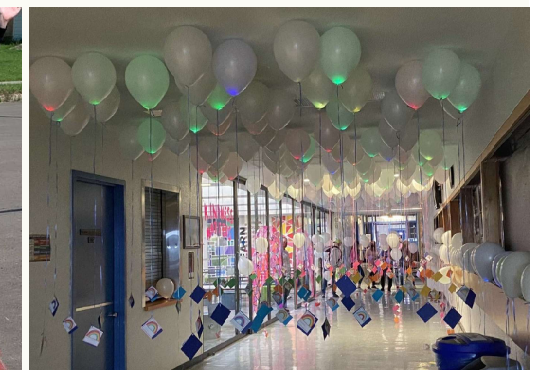
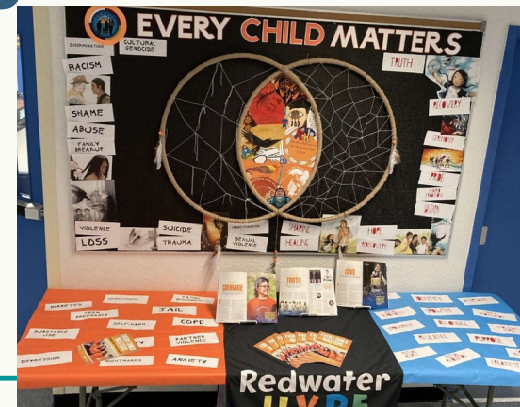


Indicated

PROGRAMMING



AWARENESS



PARTNERSHIPS



ENGAGEMENT



COVID RESPONSE

Participant perspectives

Albertans offered a number of observations and perspectives related to the health of children and youth. In response to the survey, children and youth reported the following changes in their own behaviours since the pandemic started.

Behavior	Increased	Decreased	Remained the same	This does not apply to me
Misuse of drugs, alcohol, smoking or vaping	12%	2%	6%	80%
Physical activity	13%	73%	13%	1%
Healthy eating	14%	51%	33%	2%
Amount of sleep	25%	48%	26%	1%
Screen time	90%	15%	8%	1%

COVID Response

- Virtual School and Community Programming
- COVID specific resources and programming
- Increased small group and 1:1 student support
- Enhanced supports to meet basic student needs
- Summer Programming

