



DATE: October 26, 2022

TO: Board of Trustees

FROM: Shawna Warren, Superintendent

ORIGINATOR: Jonathan Konrad, Deputy Superintendent, Education Services
Michele Parker, Mental Health and Wellness Coordinator

GOVERNANCE POLICY: [Policy 105: Vision, Mission and Values](#)
[Policy 125: Advocacy Plan](#)
[Policy 225: Board Responsibility and Conduct](#)
[Policy 700: Superintendent of Schools](#)

ADDITIONAL REFERENCE: *Education Act*
Superintendent Leadership Quality Standard

SUBJECT: Stakeholder Engagement Update – Military Family Resource Centre

PURPOSE:

For information.

BACKGROUND:

In the 2021-2022 school year, the Board of Trustees hosted a series of meetings with various municipal partners and community stakeholders to engage in dialogue about the Divisions' programs and future planning.

On June 8, 2022, the Board of Trustees and Senior Executive met with the Edmonton Garrison Military Family Resource Centre (MFRC). The wellness and resilience of military families are critical to our communities and vital to the effectiveness of the Canadian Armed Forces as they respond at home and abroad to the needs of Canadians and the wider community. Working closely with the Edmonton MFRC, the Heroes in Mind Advocacy and Research Consortium (HiMARC) at the University of Alberta is developing, will deliver, and evaluate novel interventions to support the wellness and resilience of military families.

Senior Leadership has met several times this fall with HiMARC and MFRC to discuss how Sturgeon Public Schools can support and enhance the HiMARC initiative. On Monday, October 11th HiMARC leadership engaged Guthrie School staff to discuss how they would like to work alongside and seek feedback on how to support military families, and what resiliency and mental health challenges they are seeing working with students and families at school.

On October 25th, Sturgeon Public School Counsellors met with MFRC mental health team to discuss the contextual differences of working with military kids. The MFRC also provided information about the MFRC services; how and when to refer families to MFRC for those services.

Individual family meetings have also occurred this fall between SHINE and MFRC to build supports at home, at school, and within MFRC to ensure stronger families. Regional meetings also occur quarterly with regional partners that include Family AND Community Support Services (FCSS), MFRC, HYPE, Families First, Garrison Fitness, Sturgeon County, and SHINE.



Administration is prepared to respond to questions at the October 26, 2022, Public Board meeting.

ATTACHMENT(S):

1. Not applicable.