

Date: January 29, 2025 **Agenda Item:** 8.2

To: Board of Trustees

From: Shawna Warren, Superintendent

Originator(s): Jonathan Konrad, Deputy Superintendent, Education Services
Shelley Greenwood, Director, Learning Services

Subject: **Counselling and Wellness Plans**

Background:

Aligned with the Division’s vision to support students in pursuing their unique paths to future success, each school in Sturgeon Public Schools has developed a comprehensive Counselling and Wellness Plan. These plans integrate the principles of safe, caring, respectful and inclusive environments and reflect the six dimensions of wellness: mental, physical, emotional, environmental, social and spiritual.

The Counselling and Wellness Plans are guided by the Alberta Government’s Assurance Framework Areas of Learning Supports and Local and Societal Context, with specific strategies addressing social-emotional and mental health needs. Grounded in the Comprehensive School Health model, this approach ensures that students are supported holistically through developmental preventative activities and timely interventions, fostering positive outcomes in achievement, attendance, social-emotional learning, and overall well-being.

These plans are developed collaboratively by school counsellors, staff and community partners and align with the Division’s shared mission and guiding values, emphasizing mutual respect, belonging, and shared responsibility.

Information

The Counselling and Wellness Plans for each school are now online for parents and stakeholders to review. They have also been shared at each School Council. These plans exemplify our commitment to fostering environments where students thrive both academically and personally.

Status & Relationship to Superintendent Leadership Quality Standard (SLQS):

This report aligns with the [SLQS](#) in the following way:

- COMPETENCY:** (1) Building Effective Relationships
- INDICATORS:** a. collaborating with community and provincial agencies to address the needs of students and their families.

Governance Implications:**Education Act**

Board responsibilities

33(1) A board, as a partner in education, has the responsibility to

(d) ensure that each student enrolled in a school operated by the board and each staff member employed by the board is provided with a welcoming, caring, respectful and safe learning environment that respects diversity and fosters a sense of belonging,

(2) A board shall establish, implement and maintain a policy respecting the board's obligation under subsection (1)(d) to provide a welcoming, caring, respectful and safe learning environment that includes the establishment of a code of conduct for students that addresses bullying behaviour.

Policy 110: Welcoming Inclusive, Safe and Healthy Environments

The Board believes in the importance of, and is committed to, establishing, and maintaining a welcoming, inclusive, equitable, safe, and healthy environment that respects diversity and fosters a sense of belonging.

Policy 115: Sexual Orientation and Gender Identities

The Board believes in the importance of and is committed to establishing and maintaining a welcoming inclusive, equitable safe and healthy learning and working environments that respect diversity and foster a sense of belonging for members of the school community.

Administrative Procedure 211: School Councils

3. The Principal is responsible for reporting the following to the School Council:

3.3 Counselling and Wellness Plans (annually)

Administrative Procedure 716: Comprehensive School Health

Comprehensive School Health is an integrated approach that provides students and staff with opportunities to observe and learn positive health attitudes and behaviours. It includes a broad spectrum of programs, activities, partnerships and services that take place in schools and communities in order to enhance health and build productive and satisfying relationships across their community.

Administration is prepared to respond to questions at the January 29, 2025, Public Board meeting.

Attachment(s) Or Links to the Plans:

1. [Bon Accord Community School Counselling and Wellness Plan](#)

2. [Camilla School Counselling and Wellness Plan](#)
3. [Four Winds Public School Counselling and Wellness Plan](#)
4. [Gibbons School Counselling and Wellness Plan](#)
5. [Guthrie School Counselling and Wellness Plan](#)
6. [Landing Trail School Counselling and Wellness Plan](#)
7. [Legal Public School Counselling and Wellness Plan](#)
8. [Lilian Schick School Counselling and Wellness Plan](#)
9. [Morinville Public School Counselling and Wellness Plan](#)
10. [Namao School Counselling and Wellness Plan](#)
11. [Ochre Park School Counselling and Wellness Plan](#)
12. [Redwater School Counselling and Wellness Plan](#)
13. [Sturgeon Composite High School Counselling and Wellness Plan](#)
14. [Sturgeon Heights School Counselling and Wellness Plan](#)
15. [Learning Centres & Sturgeon Public Virtual Academy Counselling and Wellness Plan](#)